

LUNCH MENU

Available 7:30 AM - 2:00 PM

HAM AND SWISS CROISSANT
\$8.95 (AVAILABLE COLD OR TOASTED)

DAILY SOUP
\$5.25

TURKEY AND SWISS CROISSANT
\$8.95 (AVAILABLE COLD OR TOASTED)

PIZZA BAGEL
\$9.00 (PEPPERONI OR CHEESE)

CHICKEN SALAD CROISSANT
\$8.95

GROOVY BAGEL MELT
\$9.00

SEASONAL SPECIALTY SALAD
\$10.95 (CHANGES SEASONALLY)

BLT SANDWICH
\$8.00

MEDITERRANEAN SUNFLOWER SALAD
\$9.50

HOT ENTREE
\$9.50 (CHANGES WEEKLY)

VEGGIE PROTEIN SALAD
\$9.50

HALF SANDWICH
\$4.50 (EXCLUDES GROOVY BAGEL)

HUMMUS CUP WITH PITA AND VEGGIES
\$4.50

HALF SANDWICH AND SOUP
\$9.25

CHICKEN SALAD SNACK CUP
\$4.00

INNKEEPER'S